

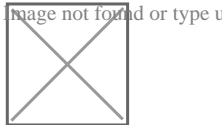


Seattle Children's - Journey Program



Created by [Seattle Children's](#)

[Journey Program](#) is for any family who has experienced the death of a child. They provide support to help families cope with death, loss and the grieving process.



Services Include:

- Support groups for adults that are facilitated by trained and caring staff and volunteers
- Pediatric grief support through workshops and counseling
- Individual, couple and family counseling
- Suggestions for reading materials and referrals to other community resources
- Grief support to schools, businesses, and communities experiencing loss
- Bereavement education and training for the community
- Publication of quarterly newsletter
- Quarterly community building events for grieving families.

If you would like more information on these services & events, [visit their website](#) or contact the Journey Program directly at **206-987-2062** or **journey.program@seattlechildrens.org**

Highlighted Service: BIPOC Youth + Young Adult Grief Support

This 6-week support group is for BIPOC youth and young adults (age 13-35) in Washington State who have experienced the death of a person in their community or family, or someone they cared about. In this group, you will meet other youth and young adults while building skills to cope with grief through storytelling, art, nature, food, culture, and self expression. This support group will be a hybrid of both Zoom and in-person sessions. All are free to attend and gas cards will be provided for participants who need them. Zoom links will be sent out before each session.

Dates: Aug. 24 + Aug. 31 (Zoom), Sept. 4 (in-person), Sept. 7 + Sept. 12 (Zoom), Sept. 24 or 25 (in-person)*

[Register here.](#)