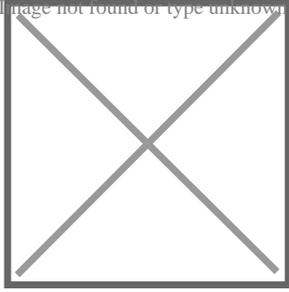


Sesame Workshop: Elmo & Jesse Remember Uncle Jack



Created by: [Sesame Workshop](#)

Sorry, no video was found.

Grief is enduring. And when someone grieves, it can feel especially intense on (or leading up to) special days, such as holidays, anniversaries, or birthdays. Sometimes, it can help to mark the special day by spending it together with family or friends. That's what Elmo's cousin Jesse and her mom do in this video. Even though Jesse's dad died, they still like to celebrate his birthday and remember him in special ways. Together, they share memories, enjoy his favorite treat, and play a game he loved.

Watch this Sesame Workshop video together with children and talk (or draw) about the ways you like to spend special days. What helps you feel comforted and connected to the person who died?

These comforting and compassionate resources have been developed by [Sesame Workshop](#) with support from the [New York Life Foundation](#).

En Español: [Elmo y Jesse recuerdan al tío Jack](#)

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